

**THE CENTER FOR DERMATOLOGY CARE**  
**267 W. HILLCREST DRIVE**  
**THOUSAND OAKS, CALIFORNIA 91360**  
**PHONE (805) 497-1694 ♦ FAX (805) 373-7493**

*PATIENT INFORMATION*

Patient Name: \_\_\_\_\_  
 Date of Birth: \_\_\_\_\_  
 Today's Date: \_\_\_\_\_

*Please take a few moments to fill out the following information. Answer all of the questions below to the best of your knowledge.*

**I. Personal Information**

**Occupation:** \_\_\_\_\_

**Emergency Contact (name/phone number):** \_\_\_\_\_

**Who we may thank for referring you:** \_\_\_\_\_

Address: \_\_\_\_\_

Telephone: \_\_\_\_\_ Email address: \_\_\_\_\_

**The doctors specialize in a number of cosmetic procedures. Are you also interested in scheduling a consultation for any of the following:**

Laser treatment of wrinkles or blood vessels	_____ Yes	_____ No
Hair Transplantation	_____ Yes	_____ No
Treatment of deep wrinkles with Soft-Tissue Fillers	_____ Yes	_____ No
Liposuction	_____ Yes	_____ No
Botox treatment of frown lines or crow's feet	_____ Yes	_____ No
Sclerotherapy of spider veins	_____ Yes	_____ No
CoolSculpt (Freezes localized fat areas)	_____ Yes	_____ No
Laser Hair Removal	_____ Yes	_____ No

**II. Health Information**

**A. General health questions**

**1. Are you prone to or do you have any of the following conditions?**

• Difficulty with healing of wounds	_____ Yes	_____ No
• Bleeding tendency	_____ Yes	_____ No
• Diabetes	_____ Yes	_____ No
If yes, treatment: _____		
• Heart Problems	_____ Yes	_____ No
If yes, treatment: _____		
• Hypertension	_____ Yes	_____ No
If yes, treatment: _____		
• Emotional Disorders	_____ Yes	_____ No
• Rheumatic Fever or history of heart-valve or joint replacement	_____ Yes	_____ No
• Glaucoma	_____ Yes	_____ No

- Overgrown scars or keloids \_\_\_\_\_ Yes \_\_\_\_\_ No
- Allergies \_\_\_\_\_ Yes \_\_\_\_\_ No  
     If yes, what types: \_\_\_\_\_
- HIV or other immunodeficiency \_\_\_\_\_ Yes \_\_\_\_\_ No
- Hepatitis or other liver or kidney disease \_\_\_\_\_ Yes \_\_\_\_\_ No

2. **What medications are you presently taking?** (Please include aspirin, cold medicines, digestive aids, etc) \_\_\_\_\_

**Do you require antibiotics before dental procedures?** \_\_\_\_\_ Yes \_\_\_\_\_ No

3. **Have you been hospitalized in the past?** \_\_\_\_\_ Yes \_\_\_\_\_ No

If yes, when: \_\_\_\_\_

reason: \_\_\_\_\_

4. **Other medical problems:** \_\_\_\_\_

5. **What is your original hair color?**

\_\_\_\_ White    \_\_\_\_ Blonde    \_\_\_\_ Brown    \_\_\_\_ Red    \_\_\_\_ Black    \_\_\_\_ Other: \_\_\_\_\_

6. **What is your eye color?**

\_\_\_\_ Blue    \_\_\_\_ Green    \_\_\_\_ Brown    \_\_\_\_ Gray    \_\_\_\_ Hazel    \_\_\_\_ Other: \_\_\_\_\_

7. **What is your ethnic background (e.g. French, English, etc)?**

Mother: \_\_\_\_\_                      Father: \_\_\_\_\_

8. **What is your skin color without tanning?**

\_\_\_\_ White    \_\_\_\_ Black    \_\_\_\_ Brown    \_\_\_\_ Yellow    \_\_\_\_ Other: \_\_\_\_\_

9. **What is your complexion like?**

\_\_\_\_ Fair    \_\_\_\_ Medium    \_\_\_\_ Dark    \_\_\_\_ Other: \_\_\_\_\_

**B. Sun Exposure History**

1. **Place of birth:** \_\_\_\_\_

2. **How long have you lived in California?** \_\_\_\_\_

3. **Have you served in the Armed Forces?** \_\_\_\_\_ Yes \_\_\_\_\_ No

If yes, where were you stationed? \_\_\_\_\_

4. **Did you or do you travel to tropical climates?** \_\_\_\_\_ Yes \_\_\_\_\_ No

If yes, how often? \_\_\_\_\_ and where? \_\_\_\_\_

5. **Do you engage in outdoor activities for work or recreation?**

\_\_\_\_ Yes    \_\_\_\_ No    If yes, please describe: \_\_\_\_\_

6. **When do you do most of your outdoor activities?**

Before 10 AM       Between 10 AM and 2 PM       After 2 PM

7. **What is the usual amount of time spent outside in a single day (either for work for recreation)?**  0-2 hours/day     2-4 hours/day     4-6 hours/day     6-8 hours/day

8. **When outdoors do you wear any of the following items to protect yourself from the sun?**     a hat       a long-sleeved shirt       long pants

9. **Do you regularly use a sunscreen?**       Yes     No

If yes, what is the SPF and the brand name of the sunscreen that you usually use? \_\_\_\_\_

10. **When do you apply sunscreen?**

Only when I am planning on being outdoors for work or recreational activity

Daily during the sunny days

I do not use sunscreen

11. **When in the sun, are you most likely to (check one of the following):**

Always burn/Never tan

Usually burn/Rarely tan

Sometimes burn/Sometimes tan

Rarely burn/Usually tan

Never burn/Always tan

Other: \_\_\_\_\_

### C. *Smoking History*

1. **Do you or have you ever smoked?**       Yes     No

If yes, please indicate:

• Nature of smoking (cigarettes, cigars, pipes): \_\_\_\_\_

• How many a day? \_\_\_\_\_      • For how many years? \_\_\_\_\_

• If you are a former smoker, how long ago did you stop? \_\_\_\_\_

### D. *Skin Cancer History*

1. **Have you had any type of skin cancer (basal cell carcinoma, squamous cell carcinoma, melanoma, other) in the past?**       Yes     No

If yes, please indicate:

• Diagnosis, if known: \_\_\_\_\_

• Age at initial diagnosis: \_\_\_\_\_      • How many: \_\_\_\_\_

• Location(s): \_\_\_\_\_

• Treating physician: \_\_\_\_\_

• Type of treatment: \_\_\_\_\_

2. **Have you had any pre-cancer (actinic keratosis) in the past?**       Yes     No

If yes, please indicate:

• Age at initial diagnosis: \_\_\_\_\_      • Approximate number: \_\_\_\_\_

- Location(s): \_\_\_\_\_
- Treating physician: \_\_\_\_\_
- Type of treatment: \_\_\_\_\_

**3. Do you have any irregular-looking moles?** \_\_\_\_\_ Yes \_\_\_\_\_ No

If yes, please indicate:

- Diagnosis, if known: \_\_\_\_\_
- Age at initial diagnosis: \_\_\_\_\_ • How many: \_\_\_\_\_
- Location(s): \_\_\_\_\_
- Treating physician: \_\_\_\_\_
- Type of treatment: \_\_\_\_\_

**4. Does anyone in your family have skin cancer?** \_\_\_\_\_ Yes \_\_\_\_\_ No

If yes, please indicate:

- Diagnosis, if known: \_\_\_\_\_
- Relationship: \_\_\_\_\_ • Number of cancers: \_\_\_\_\_
- Location(s): \_\_\_\_\_
- Was it fatal? \_\_\_\_\_ Yes \_\_\_\_\_ No

**E. Other Cancer History**

**1. Do you have or have you had cancer other than skin cancer?** \_\_\_\_\_ Yes \_\_\_\_\_ No

If yes, please indicate:

- Diagnosis, if known: \_\_\_\_\_
- Location: \_\_\_\_\_
- Type of treatment: \_\_\_\_\_

**2. Does anyone in your family have cancer other than skin cancer?** \_\_\_\_\_ Yes \_\_\_\_\_ No

If yes, please indicate:

- Diagnosis, if known: \_\_\_\_\_
- Location: \_\_\_\_\_
- Type of treatment: \_\_\_\_\_
- Was it fatal? \_\_\_\_\_ Yes \_\_\_\_\_ No

**F. Carcinogen Exposure History**

**1. Exposure to arsenic or carcinogens (at home or at work)**

\_\_\_no \_\_\_yes \_\_\_don't know

**2. Radiation Exposure other than routine chest and dental x-rays**

\_\_\_no \_\_\_yes, type: \_\_\_\_\_